

# Fun for the whole family?

Promoting healthy families, health and wellness, and unity

August 26, 2023 | 11:30 am - 4:30 pm

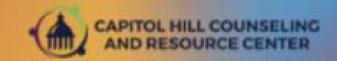
Lincoln Park | 11th & East Capitol St., SE | Washington, DC

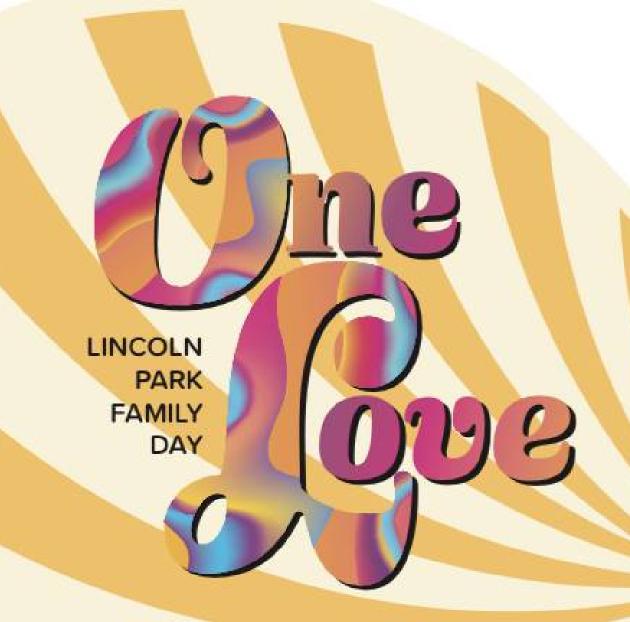
For more information: info@capitolhillsdachurch.org or call (202) 543-1344

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August 26, 2023 | 11:30 am - 4:30 pm

Lincoln Park | 11th & East Capitol St., SE

FMI: info@capitolhillsdachurch.org

# In collaboration with:

Triumphant Church | Dupont Park SDA Church | 4th Street Friendship Church | New Macedonia Baptist Church | First SDA Church...and MORE!

with Special Guest

Darrell Green, NFL Hall of Famer

## Schedule

#### **Kid Zone**

All Day Arts & Crafts

12p - 4p Bear's Sno Cones

12p, 1p, 2p, 3p Lawn Games

1:15p, 2:15p Blue Sky Puppet Show

#### For Foodies

12p, 1p, 2p, 3p Smoothie Tastings

12p - 4p Bear's Sno Cones

12:30p - 2:30p Taste of Capitol Hill - tapas style

3p Cooking Demo

### Fitness, Health & Wellness

#### DROP IN ALL DAY

Pressure, Mental Health, Pediatric Info | Prayer Booth
Older Adults Resources

12p, 1p, 3p Fitness Minute

12p, 1p, 2p, 3p Lawn Games

2p, 2:45p Let's Move! Gospel Yoga

## Supporting Our Neighbors In Need

#### DROP-IN ANYTIME COMMUNITY SERVICE PROJECTS

12p - 2p - Back-to-school backpacks

2p - Sasha Bruce, and 3p - Everyone Home DC

### **#prayerworks - Heal the Land**

Prayers for our community every half hour

AND...FREE PRIZE DRAWINGS every half hour!